

A Moral Quiz

Please put the answer you feel is right for each question (#1, #2, or #3) on the answer sheet

Question 1

Moral training is described as the cognitive component of ART/AART. The "C" in CBT stands for cognitive. What exactly is cognition?

1. It is about how we think, process and interpret information
2. Ability to see into the future
3. The result of traumatic experiences in childhood

Question 2

Which stage of morality do you reason on if you think that *"The right action is characterized by the fact that as many people as possible can benefit from it?"*

1. Stage 5
2. Stage 1
3. Stage 3

Question 3

What thought trap corresponds to this statement *"Everyone breaks the law, it's not a big deal"*

1. Blaming others
2. False consensus
3. Mind reading

Question 4

"Everyone needs help from time to time." What thought trap would you say it is about?

1. Blaming others
2. Self-centeredness
3. No thought trap

Question 5

Which of the following methods is not included in the Prepare programme?

1. Moral reasoning training
2. Recruiting positive role models
3. Dream Interpretation

Question 6

What is the statement "If someone leaves a car unlocked, they ask to have it stolen" for the category of thought trap?

1. Cognitive Anchoring
2. Blaming others
3. Mislabeling

Question 7

Who has developed the theory that moral development develops in stages? Moral training in ART/AART is based on these stages.

1. Lawrence Kohlberg
2. Jean Piaget
3. Sigmund Freud

Question 8

"My style of deal-making is quite straightforward. I aim very high, and then I just keep pushing and pushing and pushing to get what I'm after."

— Famous president

What stage of morality would you say this statement corresponds to

1. Stage 3: "Do unto others as you would have them do unto you"
2. Stage 6 :The person can put their own interests aside and take perspectives from all involved
3. Stage 1: "Might makes Right".

Question 9

One of the Trainers tasks during a moral lesson is to:

1. Subjecting immature reasoners to peer pressure to change their minds
2. Getting the group to explore the reasons for their decisions and consider different perspectives
3. Teach the participants what is the right moral in the dilemma at hand.

Question 10

How does morality develop?

1. Moral knowledge is innate. It comes pre-installed, perhaps inscribed by God in our hearts
2. Evolution has formed a basic sense of morality and morality then develops in interaction with other people and through one's own reflections
3. Children are from birth blank slate. If morality looks different in different parts of the world, how could it be innate?

Answer Sheet

Question	My Answer	Quiz's answer
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Your Name: _____ -

Trainer's Answer sheet

Question	Quiz's answer
1	1
2	1
3	2
4	3
5	3
6	2
7	1
8	3
9	2
10	2