

Minutes of PREPSEC International meeting May 23rd, 2014 at 15:00 European time; 09:00 Eastern time (rescheduled from May 9th due to shortage of members to form a quorum)

Present Borge, Bengt, Knut and Robert

Regrets: Sara & Eva. Bettina was scheduled to attend but was not available.

Introduction and information.

- a) The International Journal of Emotional Education has accepted 3 articles from the Anniversary Conference for the ART-center held in 2012:
1. Gundersen, K. *Social Competence too much or too little*
 2. Koposov, R. Gundersen, K. and Svartdal, F. *Efficacy of Aggression Replacement training among children from North-west Russia*
 3. Cowie, H. *Understanding the role of bystanders and peer support in school bullying*

Read more on PREPSEC's web-pages

- b) The board of Diakonhjemmet University College has decided to abolish the Center of Social Competence from 1. Of August 2014. The reason is that the University College obligation first and foremost is education within bachelor, master and doctoral education. Another reason is that the Centre the last years not fulfilled the (very hard) economical demands. One result will be that the international work will not be within the aims of the centre. The board wants to concentrate on eventually long term contracts within the country. Tutte and Knut will still have their work within the University College while Eskil probably will not be reemployed.

ART and Prepare Curriculum Training will now have to be done by private entrepreneurs.

1. Approval of the minutes from PREPSEC International meeting the 21st of March 2014

Proposition to solution:

The board approves the minutes from the PREPSEC International meeting the 21st of March 2014

2. PREPSEC International Symposium in Denmark – List of Participants

Background for the item:

On our last meeting the board decided the following:

- 1. The symposium will be held at Fjand. Denmark in the period from August 23rd 2013 until August 29th. The official dates will be August 23rd – August 27th followed by two additional optional dates. The board will approve the letter of invitation and agenda with adjustments to reflect the shortened plan, also including the price of the Symposium.*
- 2. A list of guest to be invited to attend the symposium was prepared by the following board members for the following areas/countries and submitted to Kim and Bettina so invitations could be emailed prior to April 1st, 2014. :*

Norway: Knut Gundersen & Borge Stromgren

Iceland: Knut Gundersen & Robert Calame

Sweden: Bengt Daleflod

Finland: Knut Gundersen & Robert Calame.

Denmark: Bettina Christensen

The Netherlands: Knut Gundersen

USA: Robert Calame & Sara Salmon

Canada: Robert Calame

Russia: Knut Gundersen

Due to accommodations capacity it was necessary to limit the invitations to 3 representatives from each country until it is clear who will attend from those invited. Another wave of invitations can follow to fill openings if necessary. In addition to those numbers we have the board members and Kim.

In addition to the countries mentioned above we also agreed to invite 1-2 more from England if possible.

To avoid over booking, Robert and Knut afterwards set the following limitations:

Canada 1 spot + board member and Kim

USA 4 spots + 2 board members

Sweden 3 spots + board member

Denmark 3 spots + board member

Norway 3 spots + 2 board member

Finland 2 spots

Iceland 2 spots

Netherlands 2 spots

UK 1 spot

Until now, Kim and Bettina have received the following responses

	Date	Name	Country	Registration	Abstract
1	March 31	Bjarni	Iceland	?	

2	March 31	Sigrid Pederson	Iceland	?	
3	March 31	Knut Gunderson	Norway	X	
4	March 31	Robert Calame	Canada	x	
5	March 31	Kim Parker	Canada	x	
6	March 31	Bettina Christensen	Denmark	X	
7	March 31	Bengt Daleflod	Sweden	X	
8	April 2, 2014:	Kelli Parcher	USA	x	
9	April 2, 2014:	Shannon Burns	USA	x	
10	April 7	Tutte Mitchell Olsen	Norway	x	
11	April 15	Nikolai Hamstein	Sweden	x	
12	April 15	Helena Hammerstrom	Sweden	x	
13	April 18	John Choi	Canada	X	
14	April 20	Janna Jokinen	Finland	x	
15	April 22	Hans Johannsen	Sweden	x	
16		Simen Storås	Norway	X	
17		Gretar	Iceland	?	
18		Sara Vataja	Finland	X	

And the following regrets

Regrets

Date	Name	Country
April 10	Sara Salmon	USA
April 15	Andy Simon	Canada
April 15	Marit Tonder	Norway
April 16	Borge Stromgren	Norway
April 16	Peter Bleumer	Netherlands
April 16	Mark Amendola	USA
April 16	Bob Oliver	USA
	Eva Feindler	USA
	Clive Hollin	England

There has also been some requests from others to participate if enough rooms are available

Requests if room

Date	Name	Country
March 31	With Bjarni	Iceland
April 2	Jeta	Denmark
April 3	Kaisa K	Finland
If he can make it	Frans Kassenaar	Netherlands
	Siggi	Iceland

There are still some rooms available and following the board resolution from the March meeting and Knut and Roberts setting of limitations the list will be like this:

Sweden: OK (3+Bengt)

Norway: 2+Knut; waiting answer from Asbjorg Berget

Denmark: 1+Bettina, possible with 2 more. It is here difficult to select participants since they have several potential master trainers. We should discuss whether Denmark should be represented with 4 instead of three since Denmark is hosting the symposium

The Netherlands: 0 – Frans may join later if possible

Iceland =Unclear: Bjarni and Gretar were invited. Bjarni accepted with his wife, but wanted also another from his organization. Gretar has now accepted and also want another from his organization. Afterwards we heard that Bjarni and his wife didn't want to come.

Finland: OK (2)

Canada OK (1+Robert and Kim)

USA 2 we might invite others Ellen?

England: Clive is invited but regrets. We might invite others, but they are not master trainers

Russia: We have invited 2 + interpreter but have to wait for answer.

It is a puzzle to combine invitations with rooms available, but it seems like we will constitute an exciting bunch of people from many different countries. The following should be cleared up:

Norway – if Asbjorg declines (will answer on Friday) another Norwegian will be invited

Denmark: Possibly will have 2 more? One (Jeta) is interested

The Netherlands: Kim has invited, but it seems that nobody can attend

Iceland: 5 are actually interested

USA: We might invite more

Russia: Invitation is sent – hopefully they can manage to come

England: We might send, but they are in the same category as Estland and Slovakia

Another issue is whether we should advertise the symposium on the news pages on PREPSEC's web pages if rooms are available. That will give existing members of PREPSEC the opportunity to attend the symposium and thus give something to those who already are members. It is a mistake if we only invite "old friends". To attend the symposium one should be a member of PREPSEC or join at the symposium or before

Resolution:

1. The board approves the work done by Bettina and Kim.
2. Supplementary invitations to USA (2), Russia (2+interpreter), Denmark (4+ Bettina) and eventually Norway (1 if Asbjorg regrets) will be sent out.
3. If rooms are available those who already have asked to participate will be accepted.
4. Eventually available beds will be advertised on PREPSEC's web-pages

3. PREPSEC International Symposium in Denmark – Program

Kim and Bettina, in their invitation letter, have suggested the program for the Symposium.

They write:

The **PREPSEC Symposium**, therefore, hopes to move skilled PREPARE trainers to the next level where: a) they can become even more proficient trainers and consultants b) they can share and network their skills with peers and c) they can discuss current research projects as well as explore future endeavors.

The Symposium will take place, over three days, in the coastal town of Fjand, Denmark in a country inn reserved exclusively for this purpose. Although we realize that some will not be able to attend the full time, we nevertheless have created an impressive agenda. There will be a general meeting of PREPSEC on the first day, with the formation of sub-committees to meet and strategize. The next three days will include presentations/feedback to be made by the attending trainers. Each presentation should be 40-45 minutes in length to allow for 30 minutes feedback/discussion in a 75 minute slot provided adequate time is available to

accommodate all presentations. Presentation time will be determined by the number of presentations that will be scheduled based on the submitted proposals. The presentations should reflect how you would train **other trainers** to teach a section or concept of the A.R.T. program or the Prepare Curriculum (ex. “Thinking Ahead” from Anger Control Training). It is not the purpose of the training to showcase your program but rather to demonstrate and develop your skills as a trainer and to learn about other aspects of A.R.T. planning and delivery.

Wednesday morning will likely be devoted to the presentation of sub-committee reports, with the Symposium ending at noon. “Non-presentation” time has been carefully included in the program in order that one may have the opportunity to network, socialize, eat, relax and have fun.

Prerequisites: Candidates for the **PREPSEC Symposium** should:

1. have significant experience with A.R.T. , PREPARE and their expansions.
2. be prepared to present as indicated above as an individual or in a pairing.
3. be prepared to participate after the Symposium in activities and planning to further support Prepare Curriculum development in their own agency, school or institution.
4. provide an article prepared, on their presentation topic, for the PREPSEC website prior to attending the Symposium
5. complete and submit a registration form and forward a summary of their proposed presentation and an abstract of their proposed article to Kim Parker (kimberleeparker@live.ca)

This means that it is the participants that create the symposium. In addition to what is listed in the invitation letter the board has also discussed whether it might be interesting to;

- also present programs as they are presented to ordinary participants and not only to trainers
- give opportunity to also include some presentations that might be less practical like how programs could be implemented, additions to program (like AART) or research.

It is a good idea to divide into sub-committees but the board has to decide which committees that should be formed. In the statutes it said that:

Sub-committees will be formed as needed to discuss committee development with the following possibilities in mind:

- Research and Publications (**already established**)
- Communications Committee (website, newsletter)
- Quality Assurance (training standards, implementation etc.)
- Program Development
- Event Planning (conferences, webinars, etc.)
- Election Support Committee
- Fund Raising
- Membership

Up till now the board has taken responsibility for the website and Program Development and Kim and Bettina designed this particular event. The board has to decide which committees should be established and eventually if they are going to be established at the symposium or if we should advertise this also to other members.

Resolution:

The board approves the Symposium's preliminary program drafted by Kim and Bettina and ask them to continue the work with Robert also considering presentations of new or specific trainings or other experiences with the programming of the PREPARE Curriculum such as AART etc Social Perception, Generalization transfer training, Refusal skills, Implementation Strategies and Practical applications. The format of the program's activities should be 75% participant activity and 25% speaker information.

1. The board agrees that one or two representatives from each country will give a brief overview of the activities of ART / FamilyART / SPT etc taking place in their countries and a summary of what they expect from PREPSEC and the symposium.
2. The board will invite the participants to give propositions for activities, committees or other issues that could be a part of PREPSECS future program.
3. The board will discuss the forming of specific committees at the next meeting (election committee / quality assurance committee / eventually event committee) and how they should be appointed.
4. The board will need to discuss PREPSEC issues including maintaining the website, and when, how and where international representatives and committee members will be selected prior during or after the symposium.
5. The symposium will not be the venue for final establishing of committees because committee members should be drawn from all the PREPSEC membership, not only those who can attend this symposium!!!

4. Next PREPSEC meeting.

Resolution: Robert will send out a Doodle Scheduling survey in an attempt to get maximum attendance possible at the next meeting. The Doodle will be sent out for the week of June 23rd-27th 2014