

### Minutes for the PREPSEC International meeting January the 29th 2014

Present: Kelli, Sigrid, Bettina, Knut, Bengt, Robert (secretary)

Regrets: Borge

#### Introduction and information.

- a. Robert and Knut had a positive meeting with Larry Brendtro and Mark Amendola regarding publications from the Fjand Symposium in the journal *Reclaiming Children And Youth*. Dr. Brendtro is the senior editor of the journal while Mark Amendola is the editor for ART and related articles based on Dr Goldstein's ART and expansions. Mark will edit some of the articles and hopefully they can be published in the journal. We also discussed a closer collaboration in general with Larry Brendtro and his staff. Currently Brendtro is the Dean of the Starr Commonwealth Global Learning Network and senior editor of *Reclaiming Children and Youth*. He has written several books and programs based on the Circle of Courage model. One suggestion was to bring Larry to Sara's conference and Mark will contact Sara to investigate if this was possible. We were also invited to the Black Hills either before or after the conference.
- b) Knut had a Skype meeting with Cecylia Bieganowska vice president of the TODO Concept in Poland. She informed me that the organization that was trained by Mike Kalt and Barry Glick still claim that they have the only rights to train ART-trainers in Poland. She was relieved to hear that this was not true. Bengt will investigate with Rune, Garbis or Nikolai to ascertain the outcome of the court case in Poland. Master Trainers (2) and staff members of this organization had been trained by Eva Feindler. I informed her that being a member of PREPSEC International did not bring them any rights as designated trainers of the program or to be considered to have a special position, but the 10 members of PREPSEC will have member's rights as other members. Cecylia responded very positively to this because being a member of organizations in Poland usually will entail a lot of paper work and investigation of CV's and so on. Being an institutional member of PREPSEC means only that PREPSEC will advertise this on our web pages and they will have the possibility to advertise the connection to us (with our logo) on their web page. We also discussed the possibility of being a model institution but if so, someone (from the board?) would have to visit them and investigate if they have implemented the programs with fidelity.
  - c Sophie Masse, Kim Parker, John Choi and Robert Calame are negotiating plans for training, implementation and research of DeStress For Success in the Montreal area in the English language......

d Social Perception is being tried in Canada by Kim Parker at Batshaw Youth and Family Centres

## Approval of the minutes from 12th of November 2014

#### Resolution

There were no objections to the minutes from board members and the minutes are thus approved and can be found on the web-pages.

### 2. The Research Committee

### **Background for the item**

The research committee was established during the board meeting of the 23<sup>rd</sup> of September 2013 with the following resolution: "The board appoints Børge Strømgren (chair), Bengt Daleflod, Frode Svartdal and Eva Feindler to form the research committee. The committee will be responsible for presentation and eventually for publishing relevant research articles on the web-site. Further the committee will also be responsible for proposing evaluation and research design including an overview of relevant assessment tools".

When appointing the events committee and the quality assurance committee the mandates were followed by a time limit. This was not done when appointing the Research Committee and since we all are quite occupied it is easy to complete tasks having set time limits before those without. We therefore suggest that the Research Committee also get an equivalent time limit as the other committees. Further Eva Feindler has left the board and we should likely remove her name from the research committee. It is important that interested parties can get information on research of the programs and it will be an advantage to get this published before our next big event – The Denver Conference in June.

Borge has agreed to the time limit and Bengt will discuss an action plan to divide up the various tasks to facilitate the process. Kelli suggests inviting Chris Hayes to sit on the committee.

#### **Resolution:**

Eva Feindler will be asked whether she wishes to continue being a member of the Research Committee in addition to Børge Strømgren (chair), Frode Svartdal and Bengt Daleflod. Kelli will also invite Chris Hayes from Washington State to sit on the Research Committee. The mandate of the committee is to present relevant literature and research on the PREPARE programs on the PREPSEC web-pages prior to the 1st of June 2015. The committee will be responsible for

presentation and eventually for publishing relevant research articles on the web-site. Further the committee will also be responsible for proposing evaluation and research design including an overview of relevant assessment tools".

# 3. Registration of PREPSEC

### **Background for the item**

During the autumn 2012 Borge tried to register PREPSEC International in Norway as an International Organization. In the process, board members needed to send a copy of identification signed by and official to authenticate the document. Borge did not get this from all board members and the situation is that the organization is still not registered. When Knut was working with an application from Greece, the board recommended that this work eventually could be done in cooperation with PREPSEC and eventually with a fee directly to PREPSEC. Since the organization was not registered this was not possible. The board has to discuss whether we should try once more to register the organization and eventually where.

#### **Resolution:**

Two of the board members investigate how an international organization like PREPSEC should be registered and which obligations PREPSEC will have after registration. The board will decide if and eventually in which country the board should be registered before the summer. Bettina will investigate from her vantage point in Denmark and Borge will be asked to look into registering again in Norway. The Board members invite Bettina and Borge to share their progress with the others members of the board

# 4. Improved Communication Potential

Background: Communication via Skype has served the board well but we have experienced times when people can't seem to join or are dropped or some can't hear properly etc. There are other superior systems where PREPSEC Board members could communicate with each other and for various committees a more reliable system could be used.

### **Resolution:**

Board members will consider this idea but meanwhile discussion will be tabled until the next meeting.

Board members should research internet communication systems that are free or have reasonable cost which board members could use to conduct PREPSEC or Committee meetings that would provide a better quality, easier to use system with no cost or reasonable

cost to improve communication for PREPSEC business.

# Nex t meeting

The next meeting will be held on March  $2^{nd}$  at 16:00 Central European time, 15:00 Iceland 10:00 Eastern Standard and 07:00 Washington State