

Agenda for the PREPSEC International meeting 9<sup>th</sup> of May 07:00 Washington State time, 10:00 Eastern Standard Time, 14:00 Icelandic Time and 16:00 Scandinavian time.

Present: Kim, Knut, Kelli, Cecylia, Sigridur, Bengt

Regrets: Bettina

#### Introduction and information.

Knut begins the meeting by sharing information:

\*The Finish ART society had their yearly conference in May. Among other presentations, Tiina Røning presented the Finish national HALO-program which is an evaluation of evidence based programs. ART was rated as yellow which is a good result because with psychological intervention it is almost impossible to have waterproof evidence (green ratings) as in the medical world, because of the small amount of high quality controlled studies. Read more about the conference and the Finish ART association on PREPSEC Facebook and PREPSEC news.

\*ART is also recommended along with 10 other programs on the Danish national "Sosialstyrelsen"- pages. See more on PREPSEC Facebook. In Copenhagen, someone from the US presented research that was similar to the Washington State study. Kelli would like information on who this is so she can contact him and will also contact Chris Hayes to see when we can look at the newest study.

# 1. Approval of the resolutions of the Board meeting April 11<sup>th</sup> 2016

#### Resolution

The Board members have already approved the minutes from the meeting April  $11 \mathrm{th}$  . There were no objections and the minutes are published on the web site

# 2. The conference

#### Introduction

Some issues have come up regarding the conference.

#### **1.** Do we have to pay VAT of the profit of the conference?

First; PREPSEC International is still not registered as a non-profit organization. We tried to register it in Norway, but since two of the board members did not want to send in a copy of their passport, we did not succeed. Other board members tried to find out the rules in their country but we have not prioritized this in the board. ENSEC is not registered either, but have conferences on a larger scale than we do.

In Norway we don't have to pay VAT for education and Kim found out that it is the same in Poland. It is also stated that "According to the VAT Act taxpayers whose value of sales in the preceding tax year have not exceeded 150.000 PLN are exempt from VAT". Knut has contacted ENSEC to find out more details of this. Bettina must look into this for us as it is Danish/Polish law. This is absolutely necessary to avoid any negative outcome later..

#### 2. Announcing the conference

\*The conference announcement on the Facebook page has been seen by around 1749 people and has also received 28 "likes" from people from different countries. We had to change the picture because Facebook only allows 20% text in a picture. ISART Facebook and webpage also has put the conference on their website. Information went to France, Netherlands, Russia, Estonia, Sweden, Norway, Denmark, England, Finland, Canada, and Poland. Knut will also get Agnieska to spread the word. Kelli will get information out through Dr. Sara Salmon's websites. ENSEC will post this in their next newsletter in June.

**NB:**We should all send follow up reminders a few times in the next month.

# It would be great to have a keynote speaker from Poland, at least a person that represents the city (mayor) or a school board director, or from the social department. (10 minute greeting) The challenge might be to find somebody that can do it for free or quite cheap. Cecylia is still working on this and will be our back up if necessary. Good news is that all those she approaches are excited to hear foreign keynote speakers.

#### 4. Work shop applications

The deadline for applying for having a work shop is soon. Knut has sent the information about the conference to the newsletter of Ensec on April 25, but unfortunately the newsletter was sent out approximately at the same time. The question is whether we should postpone the deadline.

#### resolution

The deadline for applying for workshop will remain and we will then evaluate the number of applications on May 20, then we can look at extending to June 3. Board members are encouraged to send out personal invitations as of now

There was discussion on whether to book our flights as it is less expensive now. Kim encourages all to do this but take out cancellation insurance on the off chance that the conference would be cancelled. A decision around this will be made in early August, depending on registrations.

### 3. Membership fee

#### Introduction

At the last meeting, it was decided to use PREPSEC's logo when going abroad with one of the PREPARE programs. When using the logo on the certificate it seems natural that the participant also becomes a member of PREPSEC; unless he or she expressly does not want to join. In Norway, the conference fee also covered the fee for being a PREPSEC member.

#### Proposition to resolution: tabled until Poland Board meeting

When an organization is using PREPSEC International's logo on the training certificate, membership fee from all participants should be included in the seminar price and be paid to the treasurer of PREPSEC. It is possible for participants to abstain for signing in for membership but still participate and receive the certificate.

# 3. Issues coming up

#### Introduction

The 2 day board meeting before the conference will give us a chance to talk about the future. It is important that we begin to create items for an agenda now, allowing for the addition of others before this meeting. The sub-committees should also be encouraged to do this.

#### 1. The web pages

The web page has improved since Sigridur and Cecylia have taken over. However the platform of the web page creates some limitations and challenges, as it is the old version of WordPress that the site was built upon. We would need to have a back-up version for our existing version. We need to contact the company that created our original pages 4-5 years ago. Knut will contact them with exact questions if Cecylia cannot figure this out with her IT people.

#### 2. New election

The plan is to have a new election in the autumn to replace Knut and Bengt. That leaves at least 3 questions: Should we have the election at the general meeting scheduled during the conference? Who will be president and vice president after the new board has been constituted? The two last men leave the board – should at least one of them be replaced by a man? We also need to look at East vs. West of the Atlantic. Kim will rejoin the election committee and meet

with Bengt and Tutte to discuss this. We have been in existence since 2012 and the whole board has changed, which is too fast perhaps.

#### 3. International representatives

According to the statutes, each country should have an international representative that is a contact person for their country. The conference might be a good place to appoint them and also to have a meeting with them in order to discuss how they could function in the position between their country and the board. We can contact all countries that are active ART trainers (Kim will draft a letter and send it to the Board to get to the right people) and ask them to pick a representative that we will announce this in Oct. at the general meeting.

#### 4. Registering the organization

We have introduced this issue two times before, but have not succeeded. We have to decide whether we want to be registered and if so where we should register. Bettina and Sigridur are asked to investigate the possibility of registering us in their countries. We need to look into if we have to, what are the advantages. Kim will contact Mark for information as well.

5. PREPSEC membership included into training fees.

#### **Rresolution**

The board has discussed the above issues briefly, but will come back with formal decisions during the conference in Poland. Election Committee will meet prior to propose a procedure.

# 5. New date for the meeting

**May 23rd** 07:00 Washington State time, 10:00 Eastern Standard Time, 14:00 Icelandic Time and 16:00 Scandinavian time.