

Agenda for the PREPSEC International meeting March 18th 08:00
Washington State time, 11:00 Eastern Standard Time, 15:00 Sigrid Time and
16:00 Scandinavian time.

Present: Knut, Kim, Bengt, Cecylia (NB. Not a quorum)

Regrets: Bettina, Sigridur, Kelli due to time change issues

Introduction and information.

*Bengt reported that the Research Committee (3 members) have started their work and will try to publish something on the web-pages in the near future. The challenge is that there is a lack of high standard effect studies of A.R.T. As Bengt expresses: "We must accept that the ART- studies that are published do not reach the highest scientific criteria. This does not mean that a method is not efficient or effective. You can still show promising studies, even if they do not live up to "the golden standard". Few studies on all programs meet the highest standards. It is thus important that we on one hand present research in a way that can meet eventually critical investigation, but on the other hand publish studies that, even if they don't meet the highest standard, still are good enough on the level below. Bengt noted that there are no studies published on the negative effects of ART. Chris Hayes is now included into the committee, but up till now the Research Committee has not prioritized that they need to replace Børge with a new member.

Knut will have a chapter published on SPT and Autism with Nova Scientific in 6 weeks time. This publisher has also published research on Family TIES. He encourages all members to do research, write article, and seek publication.

*PREPSEC International Committee for Collaboration with PREPSEC National Organizations has had their first meeting. The Board is pleased that this initiative is moving forward. The proposal of dual membership is very promising and the board looks forward to a more concrete proposal in the near future. Knut has asked whether Iceland's ISART is now requesting to become an official partner of PREPSEC International. FinArt has requested and Knut will meet with Tiina Ronning in April. England has also inquired and there is potential for Australia, South Africa, and Estonia as well. Cecylia feels we should consult with an international lawyer/accountant before making frequent transfers of money from country to country.

*There have been some improvement of the web-pages. It is now easier to locate the board minutes and also the presentation of the board is now updated. We would like to look into adding a web-tab for PREPSEC national members to post news.

1. Approval of the solutions of the Board meeting February 19th 2016

Resolution

The Board has already approved the minutes from the meeting February 19th . There were no objections and the minutes are published on the web pages

2. The possibility of including the logo of PREPSEC when introducing PREPARE programs internationally

There are no formal restrictions in disseminating the PREPARE programs with the exception of A.R.T. in Canada and USA. However, we strongly recommend that this should be done according to specific quality criteria and also by master trainers or mentors. We have defined and described the different levels of qualification, from the author, mentor, master-trainer and trainer. The quality assurance committee will work further with criteria to achieve these qualifications and it might be a solution that each national subdivision then assigns those that have “license” to train others. Working in new countries gives us a possibility to assign master trainers and eventually mentors. From experience it might be an advantage to be a little flexible when assigning new master trainers. In Russia, the following criteria were set to become a master trainer in ART:

1. Participating in a 10 day training in ART
2. Accomplish two 30 session trainings with supervision
3. Being responsible for 2 ten day training with supervision and gradually taking over the responsibility of presentations and supervision of groups
4. 9 days additional training (E.G. in the theoretical under-pinnings of the program).

Introduction

In England 4 master trainer candidates are selected from 12 candidates. They all are educated as psychologists, three of which have doctorates. They have participated in 8 days of training, have fulfilled 30 sessions with supervision and also have been responsible for one 8 day training seminar with supervision and given supervision to others (under supervision). From my point of view they already meet the theoretical and practical level of skills to disseminate the program further in England.

It seems like each country has different practices when it comes to both trainer seminars and acknowledging of master trainers. The quality assurance committee has to find a way of dealing

with this. However, different countries require the programs and it is important that we are able to help them with introducing it. Knut thinks that we now should allow people that both are members of PREPSEC and are considered to be qualified in the program, to be able to disseminate the programs in other countries with PREPSEC's approval and PREPSEC's logo. The advantage is that PREPSEC will be introduced already from the start as an authority and also facilitates becoming members of PREPSEC afterwards. One challenge might be if someone that we don't really know starts training abroad and wants to use PREPSEC's logo. In this case it will be reasonable that PREPSEC only allow people that have been approved by PREPSEC International or one of the national boards. An example of a certification certificate was presented.

Proposition to Resolution

The Quality Assurance Committee is asked to work further to approve people that both are members of PREPSEC and are considered to be qualified in the program, to be able to disseminate the programs in other countries with PREPSEC's approval and PREPSEC's logo. They would have said people apply to use the logo and consult with PREPSEC International prior to consent.

Proposition to Resolution

The board allows master trainers or mentors that are approved by PREPSEC International or eventually a national PREPSEC board to use the logo of PREPSEC on their certification when one of the programs are introduced internationally. When training within the master trainers home country, the national board may allow a similar national logo on the certification.

3. The conference in Wroclaw

Introduction

Kim spoke to the board around the plans and decisions to be made for the conference.

There were 2 goals laid out at the onset: to bring information around the Prepare Curriculum to Poland and, at the same time, have a board meeting all together. The board will meet together Oct. 18 and 19, prior to the conference, in a rented apartment. Committee meetings will also be held during this time, with a schedule to be created. There will be 4 keynote speeches (2/day) Other than a keynote from Poland, all keynote speakers will be from PREPSEC International. There will be a general meeting of PREPSEC International after lunch on the second day. The Event Committee is asked to arrange a paid ticket dinner event October 20th for all conference attendees. Knut asked for a budget report to date, with a figure identified as "break even". Cecylia has meetings on Monday with potential sponsors and we will know better then. In the meantime, the venue is booked but does not have to be paid for until the end of August. The call for presentations and posters, as well as brochure will be posted on the web and Facebook by April 15, due May 15th, decisions on this made and presenters notified by June 10.

Proposition to resolution

At the Wroclaw board meeting, after all accounts have been paid, a decision will be made on how much attending board and committee members can be reimbursed for expenses. We realize that these are voluntary positions and any monies received comes solely from the Conference itself, with some money being given, as well, to PREPSEC International.

5. New date for the meeting

It is proposed that we meet Monday April 11, 2016: 7:00 Washington, 10:00 Montreal, 14:00 Iceland, 16:00 Europe.

Please notify Kim and/or Knut of your availability of another more convenient time.