

## Meet our presenters

### KEYNOTE SPEAKERS

#### Shannon Burns

Shannon Burns has worked in Juvenile Justice for 20 years, helping establish a high standard of implementation and facilitating Washington State Aggression Replacement Training, which has been deemed a research based program in reducing recidivism in moderate and high risk youth. She is a Trainer of Trainers of WSART and Paz Consultz and monitors quality assurance in program delivery.

She is now a Master Trainer for We Teach Peace (Dr Sara Salmon), which is an expanded, broad based Goldstein Prepared Curriculum model the involves Parent Empowerment, Empathy, Anger Management, Character Education and Essential Social Skills Training.

#### Robert Calame

A graduate of the McGill University School of Social Work, Robert has been a youth care professional Coordinating ART® Programming for youth in Montreal and developing programming for youth in Northern Quebec communities. His greatest interest is in further improving the generalization of Prepare® Curriculum programs and believes that the significant others in a child's life are the people best placed to support that. With Kim Parker, he co-authored Family TIES: A Family-Based Intervention to Compliment Prepare®, ART® and TIES Youth Groups, a program that can be taught and researched around the world. As well he co-authored the implementation guide "Problem Solving Training" for the Research Press, Prepare® Curriculum Implementation series. He and Kim train this program together internationally and are co-founders of WOLF (Working On Life and Family) Social Competencies Inc. Robert has served on the ICART and PREPSEC advisory boards.

#### Bengt Daleflod

Bengt is a psychologist and psychotherapist, specialized in CBT. He started his clinical career in the psychiatric care of children, adolescents and their families. Since 1986 he has been working with juvenile delinquents. Bengt is working within SiS (The National Board of Institutional Care in Sweden) and is engaged in implementing effective methods for working with young offenders. Bengt is an ART® pioneer, and was the first to bring Dr. Goldstein to Scandinavia in the 90's. Aggression Replacement Training® (ART®) is one of the main interventions that have been introduced in SiS. Bengt is also the leader of a new organization known as Swe-ART whose aims are to improve the quality, implementation standards and promote research on ART® in Sweden. Bengt is the Vice-President of PREPSEC International.

#### Knut Kornelius Gundersen

Knut Gundersen is Professor Emeritus at Vid Pedagogical University College, Sandnes Norway and President of PREPSEC International. He is also director of "Training Social Competence AS".

Knut has written several books and scientific articles in the area of social competence, environmental therapy and networking. He has also presented at several national and international conferences and is one of the key people involved in the training and implementation of ART and Prepare Curriculum components in a long list of countries. Knut is the lead author of the Social Perception Training program and a co-author of the Problem Solving Training program. He is also the lead author of AART, a method for training social competence which is an adapted Scandinavian version of ART

### **Kelli Parcher**

Kelli, with 20 years combined experience in adult and juvenile corrections and facility programing, currently runs a juvenile detention facility in Washington State. She is on the state Associations of Detention Mangers which addresses state wide juvenile detention programing and procedures. She is a Trainer for Washington State Aggression Replacement Training (WSART) and for Paz Consultz, actively leading youth groups in WSART and GOAL. She became connected with Dr. Sara Salmon and through her mentorship, is now a Master Trainer for We Teach Peace, which is an expanded, broad based Goldstein Prepared Curriculum model the involves Parent Empowerment, Empathy, Anger Management, Character Education and Essential Social Skills Training. Kelli is a member of the PREPSEC International board.

### **Kim Parker**

Kim has 40 years of experience working with youth in Quebec, Canada. When ART® was introduced at Batshaw Youth and Family Centres, Quebec, Canada, Kim began facilitating their first Family TIES groups, was instrumental in expanding the program, provided support through facilitation and training, and helped collect evaluation data. She has co-authored implementation guides for Family TIES and Problem Solving Training. She and Robert Calame train these programs together internationally and are co-founders of WOLF (Working On Life and Family) Social Competencies Inc. Kim is presently the secretary for the PREPSEC International board.

## **WORKSHOP PRESENTERS**

### **Eddie Beaucage**

Eddie is presently a Masters candidate in Intervention and Consultation in Sport, Physical Activity and Health. At Batshaw Youth and Family Centres, he manages a readaptation centre for at-risk adolescents, is an ART Master trainer and Circle of Courage trainer. He owns and operates Athletex, a training and consulting firm specializing in leadership and performance for sport, leisure and life, working with athletes of all levels from a multitude of sports on performance related issues and techniques.

### **Sigve Berg**

Sigve has a MA in special pedagogics with specialization in psycho-social difficulties. He has four years of working experience at a public school for children with behavioral problems in Oslo, Norway.

He organizes weekly ART groups and runs regular courses for professionals working with children and youth on various topics, such as management of extreme behavioral problems.

### **Asbjørg Berget**

Asbjørg has a Masters degree in Special Education as well as a post-graduate education in Training in Social Competence from the Diakonhjemmet University College, Norway. She works as a special education advisor in the Innlandet hospital, Habilitation Services in Oppland county, Norway and is Board member of Prepsec Norway.

### **Cecylia Bieganowska**

Cecylia is an ART Trainer for Pedagogical Councils of Lower Silesian schools, a certified coach of the International Coach Federation and certified project manager of International Project Management Association. As a Rational Behavior Therapy practitioner and Physiotherapist, she works with children and youth on a regular basis, teaching

them social and emotional competencies and helping them in creating an adequate picture of themselves and discovering the passion in their life. Cecylia is a member of the PREPSEC International board.

### **Johan Bjorkehed**

Johan is an ART-master Trainer, National ART educator in The Swedish National Board of institutional Care and a cognitive-behaviour therapy therapist. He has worked with ART for over 10 years with youths who have committed criminal acts and therefore are under the terms of the Care of Young Persons (Special Provisions) Act (LVU).

### **John Choi**

John Choi, with a BA in Psychology, has over 25 years of experience in the Social Services & teaching fields. He has worked in residential, school and community settings. He is currently a Residential Program Manager in Montreal, Canada. As well, John is a Master ART trainer, RAP Circle of Courage trainer, and Peace Circle keeper. John co-authored the Problem Solving Training Implementation Guide.

### **Bettina Hedegaard Christensen**

Bettina is a Social Educator and section director of community based services for youth in the discharge phase of treatment at Hedebo-centret, a (residential) treatment facility for troubled adolescents in Herning, Denmark. She has developed her ART expertise receiving a master trainer education at Diakonhjemmet University College. Bettina is also the Treasurer of PREPSEC International in charge of fundraising, membership, and financial records.

### **Gry Elisabeth Gasnes**

Gry Elisabeth is a teacher with an MA in psychosocial difficulties. She has seven years of experience working at a public school for children with behavioral problems in Oslo, Norway. In addition to her work as a teacher, Gåsnes instructs staff in public schools and intervenes in classes in cases where external supervision is needed, for instance in severe cases of bullying and behavioral problems.

### **Helena Hammerström**

Helena Hammerström has a Bachelor degree in Social Work and has experience working in hospitals, schools, and as a manager at a foster care centre. Helena lectures on AART, foster care, CBT, threat and violence, documentation in social work and low affective response. She is author of "Aggression to Harmony (Gothia, 2006)

### **Thomas Zandstra Helmsgård**

Thomas Zandstra is a Social Worker and Master ART trainer. He now works with children with antisocial behavior at institutions in Norway as well as different programs for social competence for a wide range of target groups in Norway. He is one of the board members of PREPSEC Norway, helping to start up the organization PREPSEC Norge last year.

### **Grażyna Kačka**

Grażyna completed her studies in family assistance. Since 2005 she has been a therapist for addicts with dual diagnosis and was a socio-therapeutic center manager for children and youth for many years. For the past eight years, as a Master ART Trainer, she has run social competencies trainings and group therapy in outpatient mental health centers. At present, she is in close cooperation with the Directors of Lower Silesian schools, helping children, youth and adults to cope better in complex social situations.

### **Katarzyna Nanowska**

Katarzyna is a rehabilitation educator and judicial curator. She has experience working with children with behavioral disorders and deficits in the area of social skills, as well as with addicts, victims and perpetrators of violence. She is an ART Trainer, motivating dialogue practitioner, and author of scientific publications to raise the subject of addiction and crisis intervention.

### **Marius Rekstad**

Marius teaches kids between the age of 8-12 in at the Special Education School Lønnebakken in Oslo, Norway. He is experienced working with social skill and anger control training in a practical way, as an integral part of the classroom environment, conflict resolution and across the whole school curriculum.

### **Morten Sigurdson**

Morten was one of the first Master-trainers in ART in Norway. He has been working with social competence for over 2 decades for different target groups in Norway.

### **Bente Svendsrud**

Bente has Bachelor in Social Education. She works as an advisory social worker at the Oslo University Hospital, Department of Neuro-habilitation. Bente has a post-graduate education in Training in Social Competence from the Diakonhjemmet University College, Norway and is Board leader of Prepsec Norway.

### **Tomasz Tokarz- PhD**

Tomasz is a university lecturer, mediator, trainer, and coach. He is on the staff at University of Lower Silesia and Lower Silesian Centre for Educational Innovation, a member of the Foundation Board EduTank and the Foundation "Education in Freedom". His passion is writing about the modern face of education and personal development.

### **Niels Hjelm Veirup**

Niels is a Professional Social Worker who has been working at Hedebo-centret, Herning, Denmark since 1975. As Project Manager, he has been involved in numerous development projects, including MST, TFCO, FFT, ART, Family TIES and the Junior animator program. He is actively involved in the PREPSEC International's Quality Assurance Committee.

### **Vegard Viestad**

As a teacher in Norway, Vegard has been working for several years with kids and youth with special educational needs. He is responsible for a motivational and social competence based program for pupils/students. Vegard is Managing Director of Smart Kompetanse AS, where they offer a lot of courses (including ART, SPT, Family ART) and also supervise families, parents, kindergardens, schools, institutions and more.